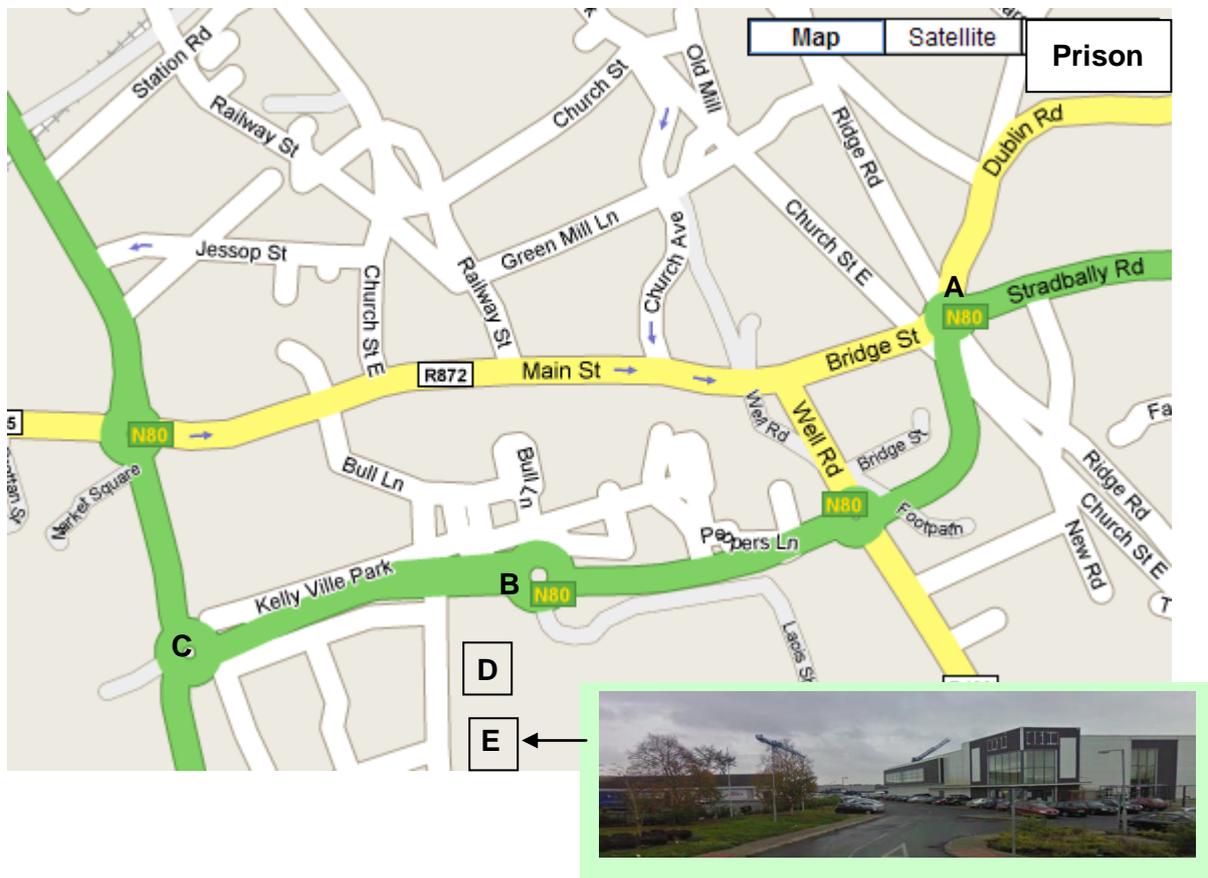


## NCCA Offices, Fintan Lalor Avenue, Portlaoise

### From Dublin

Take **Exit 16** off the M7 and follow signs for Portlaoise. The Midlands **Prison** is on the right-hand side, about 500 metres after passing the Killeshin Hotel. Continue through the roundabouts at the Church (**A**), traffic can be slow at this point, and take the link road heading for the Cork/Abbeyleix road. This is **Fintan Lalor Avenue**. Go through the roundabout (**B**) (where there is a Supermacs outlet) and take the next left, continuing past the Lidl outlet (**D**). Turn left into the entrance for Shaws retail unit (**E**), which is directly opposite the offices of Laois County Council, and proceed to the car park at the rear of the building. The entrance to the NCCA offices faces onto this car park.



Note that, when exiting the NCCA offices onto Fintan Lalor Avenue, traffic is one-way; you must turn left and go to roundabout **C**. It is usually quicker, due to traffic congestion, to rejoin the M7 at exit 17 on the Abbeyleix rd whether en route to Dublin or Cork.

### **From the South (or as an alternative coming from Dublin)**

An alternative route is to approach Portlaoise from the Abbeyleix side, leaving the M7 at **Exit 17** (also signposted for Cork/Abbeyleix) and follow the signs for Portlaoise. At roundabout **C** (beside the Garda Station) take a right turn onto Fintan Lalor Avenue. Continue to roundabout **B** (at Supermacs) and come back along Fintan Lalor Avenue to the first left-hand turn-off, which leads to the Lidl (**D**) and take an immediate left at the mini roundabout. The NCCA offices are upstairs over Shaws retail unit (**E**), see photo above, with access from the rear car park.

Note that, when exiting the NCCA offices onto Fintan Lalor Avenue, traffic is one-way; you must turn left and go to roundabout **C**. It is usually quicker, due to traffic congestion, to rejoin the M7 at exit 17 on the Abbeyleix rd whether en route to Dublin or Cork.

### **From the West**

Entering Portlaoise from the Tullamore/Mountmellick direction, proceed through the roundabout at Market Square to roundabout **C** (at the Garda Station). Take the first exit and travel along Fintan Lalor Avenue to roundabout **B** (at Supermacs). Return along Fintan Lalor Avenue and take the first exit left. Proceed past the Lidl outlet (**D**) and take an immediate left at the mini roundabout. The NCCA offices are upstairs over Shaws retail unit (**E**), with access from the rear car park.

### **By Train**

Exit the train station and travel along Station Road to the junction with the Mountmellick/Tullamore Road. Take a left at this junction and cross through the Market Square along the Cork/Abbeyleix road to roundabout **C** (beside the Garda Station). Cross over to the opposite side of Fintan Lalor Avenue, heading towards Lidl and Supermacs. Take a right-hand turn just before Supermacs and go past the Lidl outlet (**D**) and take an immediate left at the mini roundabout. The NCCA offices are upstairs over Shaws retail unit (**E**), with access from the rear car park.

Alternatively, proceed directly from the station along Railway Street towards Main Street. Cross over the Main Street and take the pedestrian route to Fintan Lalor Avenue. Cross this road at the Supermacs roundabout (**B**) and proceed past the Lidl outlet (**D**) and take an immediate left at the mini roundabout. The NCCA offices are upstairs over Shaws retail unit (**E**), with access from the rear car park.

**Entrance to NCCA office at rear of building.**



### **Venues for Lunch in Portlaoise**

**Supermacs** just past Lidl have a sandwich bar.

Across the road from Supermacs in the big car park: to the left there is **Mulhalls** restaurant over the Supervalu shop.

In the row of shops to the right of the AIB there is a small **Café Latte**: sandwiches, paninis etc

Walk out on to the Main St via archway next to Bank of Ireland: **O'Loughlins Hotel** and **Egans** both do carvery type lunches and Leithean also do good lunches.